

Table of Contents

Foreword	1
Acknowledgments	3
Introduction	5
Chapter One	
Who Are You?	9
Chapter Two	
Sense and Sense-ability	14
Chapter Three	
Thanks for the Memories	24
Chapter Four	
Auditioning	32
Chapter Five	
You Got the Part!	44
Chapter Six	
Cindy's Approach to a Role	53
Chapter Seven	
Acting from the Outside In	65
Chapter Eight	
Acting through Song	77
Chapter Nine	
Acting through Dance	88
Chapter Ten	
Rehearsals	93
Chapter Eleven	
Performance	102
Chapter Twelve	
What Jane Jenkins Says	105
Chapter Thirteen	
Some Final Thoughts	110
Appendix	116
About the Author	119